

Personality & Growth RETREAT

BUNDEENA HOUSE, BUNDEENA NSW

Lunch **Mon 25th March** TO Lunch **Wed 27th March 2019**

Using the enneagram as a tool for personal transformation & healthy team dynamics.

Your personality profoundly shapes the landscape of your spiritual journey and how you show up in your family and ministry team relationships. This is why a spiritual discipline that is effective for one person might not be as helpful for another. Most of us get to a point in life where our normal patterns of thinking and being aren't working and we feel stuck. This isn't just about behaviour, but also what drives us towards certain actions: our intentions and habitual ways of thinking and doing.

In recent years the Enneagram has become a popular tool for self-discovery and growth that many have found helpful, (and it has connections to the work of the desert fathers and mothers of the 4th and 5th centuries).

PROGRAM: In this practical and interactive retreat designed for individuals and teams we will:

1. Introduce the Enneagram and help you explore your type.
2. Use the vocabulary of the Enneagram to help us explore our core motivations, scripts and fears;
3. Reflect on how the gospel might speak life to each personality type;

particularly focusing on the nine invitations of the Beatitudes
4. Consider the kinds of spiritual disciplines that are most helpful to particular personality types
5. Explore how an understanding of personality can improve team and personal relationships and public communication.



Soul Life
MINISTRIES

acom
Learning for life



NINE BEATS
COLLECTIVE

LIMITED TO 18 PARTICIPANTS • \$200 Per person including shared accommodation and catering

At the conclusion of the retreat, participants will be invited to join an optional 21day growth experiment group (facilitated online).

Note: No prior experience with the Enneagram is needed to participate. But if you are curious about identifying your type, you can take the Enneagram Rhethi test for a small fee: <https://tests.enneagraminstitute.com/test/1/code> **REGISTER at...** acom.edu.au/events/

FACILITATOR: Mark Scandrette

is a globally recognized expert on practical spirituality and frequently teaches at universities, churches, retreats and conferences worldwide. He is the founding director of ReIMAGINE: A Center for Integral Christian Practice, where he leads an annual series of retreats, workshops and projects designed to help participants apply spiritual wisdom to everyday life. His multidisciplinary studies in applied

psychology, family health and theology have shaped his approach to learning and transformation. He teaches in the doctoral program at Fuller Theological Seminary and is on the core team of Nine Beats, an international collective of artists, activists and thought leaders exploring the 21st century relevance of the Beatitudes. His most recent books include *The Ninefold Path*, *FREE*, *Practicing the Way of Jesus* and *Belonging and*

Becoming: Creating A Thriving Family Culture (with Lisa Scandrette). Mark lives with his wife Lisa and their three young adult children in an old Victorian house in San Francisco's Mission District. He loves walking city streets and discovering beauty in unexpected places. He is passionately engaged in sustainability practices and efforts to create safe neighbourhoods for all people.

www.markscandrette.com

